

WYCLIFFE

GOLF & COUNTRY CLUB

Wellness and happiness at Wycliffe...

I attended a lecture in Philadelphia several months ago and one of the presenters conducted a study of longevity in specific areas around the globe where pockets of people consistently outlive others outside of their region. He ultimately began looking at Country Clubs and found the same phenomena were occurring in country club communities. In essence, he found that people who reside in country clubs live (approximately) up to 10 years longer than the averages for their locale. While there are numerous factors that influence this, the drilled down answer is very simple--clubs are intensely social and active and our members are very serious about wellness and living in an enriching and engaging lifestyle.

Wellness is more than eating healthy foods and working out. It is an overall desire of living life to the fullest, engaging in activities, spending quality time with friends and enjoying where you live. My goal has been to nurture this culture of wellness by ensuring that our team provides you with opportunities to delight in a multitude of both physical and social events, entertainment and dining options that will keep you happy and involved every day.

Every new member desires to fit in and become "part of the group." The same holds true for a new employee; or someone wanting to join a card game; or become part of a golf foursome or tennis team. Wycliffe has been known to be one of the friendliest Clubs around and I hope you strive every day to be the best neighbor you can be--encourage friendships and inclusion.

The club social calendar has never been so robust and brimming with events and adventures and I am thankful that our membership takes full advantage of everything Wycliffe has to offer. We recently added pickleball on the heels of great Masters Tennis and Bocce ball successes and participation in card games is at an all-time high.

This food issue of Wycliffe Magazine is dedicated to wellness and living life to the fullest. We pride ourselves on our approach to providing outstanding opportunities for our membership to live and thrive within the Club gates. Enjoy!



Darrell Wilde
GM/ COO, Wycliffe Golf & Country Club